

Malabi

1 liter of milk
2\3 cup of corn flour
3 spoons of rose water
250 ml of single cream
1\2 cup of sugar (100gr.)

For serving:

4 spoons of cracked pistachios
2 spoons of desiccated coconut
Strawberries or other berries
½ cup of honey.

A bowl of 1.5 liters volume.



1. Pour into a bowl a cup and a half of milk, add the corn flour and mix it well until all the chunks are gone.
2. Pour the rest of the milk into a pot, add the cream and the sugar and heat it until the first bubble appears.
3. Add the milk with the corn flour and continue stirring without stopping until it turns thick (takes about a minute).
4. Pour it into a bowl immediately and cover with nylon. Put the bowl in the refrigerator for at least 4 hours.
5. Before serving, turn the bowl over a big nice plate, place the berries around the bowl and the pistachio and the coconut on the top. Pour the honey over the top and serve immediately.